

NHC Farragut

Activities Calendar

February, 2018

Rehab & ALF–Deb Gregory (Activities Director) ext. 518
Rehab-Kari Summers (Activities Coordinator) ext. 556
Rehab-Alice Ann Barber (Activities Coordinator) ext. 556
ALF – Karen Frankhouser (Activities Coordinator) ext. 584
Patsy Lennon (Activities Coordinator) ext. 514 or 584
Austin Moore-(Chaplain) ext. 584

The NHC Activities Department strives to provide quality services that meet the recreational needs of our customers. We also provide independent activity supplies-puzzles, reading material, games etc. We have gatherings and events in numerous areas throughout our facility. Each activity is marked with a location code:

Wi-Fi

Name-NHC-guestaccess

Password-nhcguest

Assisted Living

SF= Soda Fountain

XR= Exercise Room

LR= Living Room

SOL= Solarium

CTY=Courtyard

1st Floor Rehab Wing

Rehab. Wing=Rehab Activity Area

Classroom

2nd Floor Healthcare


UAR=Upstairs Activity Room


UAR=Upstaris TV Room



<p>Thursday February 1</p> 	<p>9:00am Hearing Health Clinic-SOL 9:30am Exercise-SF 10:00am Honey do! Do you need a button sewed on? Eyeglasses cleaned? Activity staff will be available call Ex. 514-(LR) 10:30am Bible Study w/Austin-(SF) 1:30pm Bingo-SF 3:00pm February Birthday party-SF</p>
<p>Friday February 2</p> 	<p>9:00am Have a cappuccino and help with our newsletter-SF 9:30am Exercise-SF 10:00am Farkle-SF 1:00pm Watch Youtube videos on groundhogs-SF 1:30pm Reading with Patsy-LR 3:00pm Happy Hour-We will have super bowl snacks!-SF</p>
<p>Saturday February 3</p>	<p>9:30am Chair Chi exercise video-SF 10:30am Conversation game-UAR 1:30pm Bingo-SF 3:00pm Popcorn and "America's Funnies home Videos"-Rehab Wing</p>
<p>Sunday February 4 Super Bowl Sunday</p>	<p>9:00am Chair Chi exercise video-SF 10:00am Catholic Communion Service-LR 10:30am Church Service with Chaplain Austin-ALF Dining Room 2:00pm Hymn sing-SF 6:30pm Concord Connection-Music with Tracy Byson and Mike-SF</p>
<p>Monday February 5</p>	<p>9:00am Ball Exercise-SF 9:30am Exercise-SF 10:30am Trip to Kroger-ALF Lobby 1:30pm Turnover-a card game-win prizes-SF 3:00pm Enjoy Beer or Wine and comedy with "Bill Engvall's New All Stars of Country Comedy-SF</p>

<p>Tuesday February 6 National Chopsticks Day</p>	<p>9:00am Relax with a hand massage-SF 9:30am Exercise-SF 10:00am Uno card game-SF 1:00pm Popcorn-SF 2:00pm Bingo-SF 3:00pm Chopsticks challenge!! See how good you are with chopsticks-win a prize-SF</p>
<p>Wednesday February 7</p>	<p>9:30am Exercise-SF 10:30am Piano Music with Viktor-(SF) 10:30am Bible Study with Patsy-(XR) 1:00pm Acrylic Painting-SF 1:30pm Reading with Patsy-(LR) 3:00pm Giant Dice Game-(SF) Soda Fountain closed for fish tank cleaning 6:15pm Rosary prayers with Lynn-(LR)</p>
<p>Thursday February 8</p>	<p>9:30am Exercise-SF 10:00am Learn to knit or crochet with Patsy-LR 10:30am Make Mardi Gras earrings-SF 1:30pm Bingo-SF 3:00pm Newcomers party with pie and coffee-SF</p>
<p>Friday February 9</p>	<p>9:00am Have a cappuccino and help with our newsletter-SF 9:30am Exercise-SF 10:00am Farkle-SF 1:00pm America's Funniest Animals video-SF 2:00pm Valentine's Day music with Brad Daugherty-Rehab Wing 3:30pm Happy Hour-Wine (or beer) and cheese tasting-SF</p>
<p>Saturday February 10 Hershey Kiss Day</p>	<p>9:00am Going for the gold exercise-SF 10:30am Hershey Kiss Bingo-SF 1:00pm Make peanut butter blossom cookies-UAR 2:30pm Make Chocolate Rosebuds & Play Trivia-Rehab wing</p>

<p>Sunday February 11 Burt Reynolds Day</p>	<p>9:00am Chair Chi-SF 10:00am Catholic Communion Service-LR 10:30am Church Service with Dwight Hazelwood-ALF Dining Room 2:00pm Burt Reynolds Day trivia and watch "Smokey and the Bandit"-SF</p>
<p>Monday February 12 Lincoln's Birthday</p> 	<p>9:00am Ball Exercise-SF 9:30am Exercise-SF 10:30am Trip to Walmart-ALF Lobby 10:30am Piano Music with Jan-SF 1:00pm Mardi Gras and Valentine's Day Earrings-SF 2:30pm Documentary: "Abraham Lincoln, Father of Freedom-SF 4:00pm Poker-SF</p>
<p>Tuesday February 13</p> 	<p>9:00am Relax with a neck massage-SF 9:30am Exercise-SF 10:00am Mom's Club visit and giant dice game-SF 1:00pm Popcorn-SF 2:00pm Enjoy Mardi Gras King's Cake and trivia-SF 3:00pm Mardi Gras Bingo-SF</p>
<p>Wednesday February 14</p> 	 <p>9:00am Exercise-SF 10:30am Valentine's Music with Kathy Huber-Rehab Wing 2:00pm Valentine's Day Tea-Rehab Wing 6:15pm Rosary prayers with Lynn-LR</p>
<p>Thursday February 15</p>	<p>9:00am Podiatrist Visit-contact receptionist (0) to make an appointment-Exercise Room 9:30am Exercise-SF 10:00am Honey do! Do you need a button sewed on? Eyeglasses cleaned? Activity staff will be available call Ex. 514-(LR) 10:30am Bible Study w/Austin-(SF) 1:30pm Methodist Communion Service-SF 3:00pm Bingo-SF</p>

<p>Friday February 16 Chinese New Year</p> 	<p>9:00am Have a cappuccino and help with our newsletter-SF 9:30am Exercise-SF 10:00am Farkle-SF 1:00pm Play "Blackjack" card game-SF 1:30pm Reading with Patsy-LR 3:00pm Happy Hour-Enjoy egg rolls and treats and celebrate the Year of the Dog-SF</p>
<p>Saturday February 17</p>	<p>9:00am Chair Chi exercise video-SF 10:30am Bingo-SF 1:00pm Hand massages-UAR 2:00pm Make Earrings-Rehab Wing</p>
<p>Sunday February 18</p>	<p>9:00am Chair Chi exercise video-SF 10:00am Catholic Communion Service-SF 10:30am Church Service with Dwight Hazelwood-ALF Dining Room 2:00pm Farkle-SF</p>
<p>Monday February 19 President's Day</p>	<p>9:00am Ball Exercise-SF 9:30am Exercise-SF 10:30am Trip to Kroger-ALF Lobby 1:00pm Popcorn and peanut butter cup milkshakes for movie-SF 2:00pm Watch the Oscar winning musical: "Anchors Aweigh" with Gene Kelly and Frank Sinatra-SF 3:00pm Beer and wine served with the movie-SF</p>
<p>Tuesday February 20</p>	<p>9:00am Relax with a hand massage-SF 9:30am Exercise-SF 10:00am Uno card game-SF 11:00am Devotions with Chaplain Austin-UAR 1:00pm Popcorn-SF 3:00pm Bingo-SF</p>

<p>Wednesday February 21</p>	<p>9:30am Exercise-SF 10:30am Piano Music with Viktor-(SF) 10:30am Bible Study with Patsy-(XR) 1:00pm Acrylic Painting-SF 1:30pm Reading with Patsy-LR 3:30pm Discussion Group: Tell stories about your life-SF 6:15pm Rosary Prayers with Lynn-LR</p>
<p>Thursday February 22 Washington's Birthday</p> 	<p>9:30am Exercise-SF 10:00am Honey do! Do you need a button sewed on? Eyeglasses cleaned? Activity staff will be available call Ex. 514-(LR) 10:30am Bible Study with Chaplain Austin-SF 10:30am Trip to Dollar Tree-ALF Lobby 2:00pm Music with John Wigle-Man of 1,000 voices-Rehab Wing 3:30pm Bingo-SF</p>
<p>Friday February 23</p>	<p>9:00am Try Conductorcize exercise-SF 9:30am Exercise-SF 10:00am Farkle-SF 1:00pm Play the card game "Blackjack"-SF 1:30pm Reading with Patsy-LR 3:00pm Happy Hour-Enjoy a travel video on New Zealand-SF</p>
<p>Saturday February 24</p>	<p>9:00am Chair Chi exercise video-SF 11:00pm Adult Coloring Pages and Puzzles-Rehab Wing 2:00pm Bingo-SF 3:30pm Popcorn and Card Games-SF</p>
<p>Sunday February 25</p>	<p>9:00am Chair Chi exercise video-SF 10:00am Catholic Communion Service-SF 10:30am Church Service with Chaplain Austin-ALF Dining Room 2:00pm Church Services with Cornerstone Church of God-SF 3:00pm Hymn sing-SF</p>

<p>Monday February 26</p>	<p>9:00am Ball Exercise-SF 9:30am Exercise-SF 10:30am Trip to Walmart-ALF Lobby 1:00pm Popcorn-SF 1:30pm Watch the nature documentary “Cloud: Wild Stallion of the Rockies”-Beer and Wine will be served-SF 3:00pm Record your life stories with “First Writes” program-SF</p>
<p>Tuesday February 27</p>	<p>9:00am Relax with a neck massage-SF 9:30am Exercise-SF 10:30am Bingo-SF 11:00am Devotions with Chaplain Austin-UAR 1:00pm Root Beer Floats-SF 2:15pm Resident Council Meeting-SF</p>
<p>Wednesday February 28 Floral Design Day</p> 	 <p>Jewish Purim begins</p> <p>9:30am Exercise-SF 10:30am Piano Music with Viktor-(SF) 10:30am Bible Study with Patsy-(XR) 1:00pm Decorate a flower pot and make floral ink pens-SF 1:30pm Reading with Patsy-LR 3:00pm Poker game-SF 6:15pm Rosary Prayers with Lynn-LR</p>